

# Why Do They Do That?

## HOW TO PLAY

### What do you need?

- Pre-made trivia questions about wedding traditions with multiple-choice answers
- Game sheets – Printed game cards for guests to note their guesses
- Pens or pencils – One for each guest.
- A box or basket – To collect answer sheets if you're setting up a quiz station.
- Prize(s) – Optional

### How do you play?

- Prepare your questions ahead of time, focusing on well-known wedding traditions. Make your own or use our ready-made game cards.
- Decide if you'd like the trivia game to be played all at once or as a "walk-up" style station. If it's a group game, set aside 15–20 minutes for everyone to complete the quiz together. For the station option, set up the questions and answer sheets on a table so guests can drop by and play at their own pace.
- If you're playing as a group, hand out game cards and pens, then read each question aloud. Guests will circle their guess on their sheet. For the station setup, let guests pick up an answer sheet, jot down their guesses, and drop their sheets into the box when done.
- Once everyone has completed the quiz, read out the correct answers, adding a quick, fun fact about each tradition.
- Collect the answer sheets and tally up the scores to find the winner(s). Hand out a small prize to whoever got the most right answers – or to the top three if you have a large group.

### Extra Tips

- Think of funny answer choices that keep guests guessing – the more unexpected, the better!
- After announcing each answer, share a short fact about the tradition's origin to make it a little educational and extra entertaining.
- Build up the reveal with a bit of suspense. You might be surprised at just how invested guests get in learning why we do these wedding traditions!

# WHY DO THEY DO THAT?

wedding trivia

CIRCLE THE CORRECT ANSWER

1. WHY DO BRIDES WEAR WHITE DRESSES?  
A) It symbolizes wealth  
B) It represents purity  
C) Queen Victoria inspired it  
D) It signifies good luck
2. WHY IS RICE TRADITIONALLY THROWN AT NEWLYWEDS?  
A) It symbolizes fertility and prosperity  
B) It wards off evil spirits  
C) It represents longevity  
D) It started as a practical joke
3. WHY DO BRIDES CARRY A BOUQUET?  
A) To represent new beginnings  
B) To cover up unpleasant smells  
C) To signify wealth  
D) To attract butterflies
4. WHY DO COUPLES EXCHANGE WEDDING RINGS?  
A) It symbolizes eternity  
B) It shows wealth and status  
C) It connects them to the Earth  
D) It wards off bad luck
5. WHY IS A WEDDING CAKE TRADITIONALLY TIERED?  
A) Each tier symbolizes a different wish  
B) Began as a cake-stacking game in England  
C) Each tier represents family members  
D) The height signifies wealth
6. WHY DO COUPLES SHARE A FIRST DANCE?  
A) To signify unity  
B) To represent their "first steps" together  
C) It's borrowed from royal traditions  
D) It was believed to scare off evil spirits
7. WHY DOES THE BRIDE TOSS HER BOUQUET?  
A) It's a gesture of good luck  
B) To share her joy with others  
C) To distract guests while the couple escapes  
D) It was meant to pass on fertility
8. WHY IS "SOMETHING BLUE" INCLUDED IN BRIDAL ATTIRE?  
A) It's meant to confuse evil spirits  
B) It represents financial stability  
C) It honors ancient goddesses  
D) It symbolizes purity and fidelity
9. WHY DO BRIDES WEAR VEILS?  
A) To ward off evil spirits  
B) To show her modesty  
C) To make a fashion statement  
D) To keep her identity hidden
10. WHY ARE WEDDING RINGS WORN ON THE FOURTH FINGER?  
A) It's considered the strongest finger  
B) It's believed to have a vein leading to the heart  
C) It symbolizes luck  
D) It honours ancient warriors
11. WHY DO FLOWER GIRLS SCATTER PETALS DOWN THE AISLE?  
A) To lead the bride to her future  
B) To confuse evil spirits  
C) It represents fertility and beauty  
D) It's borrowed from royal weddings
12. WHY DO COUPLES TAKE A HONEYMOON?  
A) It's for the couple to start a family  
B) It represents rest and relaxation  
C) It signifies wealth  
D) It originally marked the first month of marriage

name \_\_\_\_\_ total \_\_\_\_\_

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# WHY DO THEY DO THAT?

## ANSWER KEY

1. WHY DO BRIDES WEAR WHITE DRESSES?  
**C) Queen Victoria inspired it** - Queen Victoria's choice to wear a white dress for her wedding in 1840 made it fashionable for brides, symbolizing elegance rather than purity.
2. WHY IS RICE TRADITIONALLY THROWN AT NEWLYWEDS?  
**A) It symbolizes fertility and prosperity** - Throwing rice symbolizes the hope for a prosperous and fertile marriage, a tradition rooted in ancient cultures
3. WHY DO BRIDES CARRY A BOUQUET?  
**B) To cover up unpleasant smells** - In ancient times, bouquets of strong-smelling herbs and flowers were thought to mask unpleasant odors and ward off evil spirits.
4. WHY DO COUPLES EXCHANGE WEDDING RINGS?  
**A) It symbolizes eternity** - The circular shape of a wedding ring represents an unending bond and commitment between two people.
5. WHY IS A WEDDING CAKE TRADITIONALLY TIERED?  
**B) Began as a cake-stacking game in England** - The tiered cake tradition began as a game where cakes were stacked, and if the couple could kiss over the stack, it symbolized prosperity.
6. WHY DO COUPLES SHARE A FIRST DANCE?  
**A) To signify unity** - The first dance symbolizes the couple's unity and the beginning of their shared journey as partners.
7. WHY DOES THE BRIDE TOSS HER BOUQUET?  
**A) It's a gesture of good luck** - Tossing the bouquet is meant to bring good luck to the next person who catches it, traditionally predicting that they will be the next to marry.
8. WHY IS "SOMETHING BLUE" INCLUDED IN BRIDAL ATTIRE?  
**D) It symbolizes purity and fidelity** - "Something blue" in the bridal attire symbolizes fidelity, love, and purity, stemming from an old English rhyme.
9. WHY DO BRIDES WEAR VEILS?  
**A) To ward off evil spirits** - The veil was originally used to protect the bride from evil spirits or jealousy, a tradition from ancient Rome.
10. WHY ARE WEDDING RINGS WORN ON THE FOURTH FINGER?  
**B) It's believed to have a vein leading to the heart** - Ancient Romans believed the "vena amoris," or "vein of love," connected the fourth finger directly to the heart.
11. WHY DO FLOWER GIRLS SCATTER PETALS DOWN THE AISLE?  
**C) It represents fertility and beauty** - The flower petals represent beauty and fertility, creating a symbolic pathway to the future for the bride.
12. WHY DO COUPLES TAKE A HONEYMOON?  
**D) It originally marked the first month of marriage** - Traditionally, the honeymoon was the first month after the wedding, often spent away to bond and start married life.